

OTTER TRAIL GUIDE

TIDES SEPT 2025

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0646	1810	0920	2213	0251	1529
2	0645	1810	1302	---	0636	1857
3	0644	1811	0058	1348	0736	1945
4	0642	1812	0152	1423	0812	2022
5	0641	1812	0231	1456	0843	2055
6	0639	1813	0307	1530	0913	2129
7	0637	1814	0342	1604	0943	2203
8	0636	1814	0418	1638	1014	2238
9	0634	1815	0453	1713	1045	2314
10	0633	1816	0528	1748	1117	2350
11	0632	1816	0603	1824	1150	---
12	0630	1817	0638	1903	0027	1225
13	0629	1818	0718	1947	0107	1305
14	0627	1818	0806	2049	0153	1359
15	0626	1819	0939	2321	0259	1721
16	0625	1820	1247	---	0616	1909
17	0623	1820	0104	1344	0727	1958
18	0622	1821	0158	1424	0809	2035
19	0620	1822	0239	1459	0842	2106
20	0619	1822	0313	1530	0910	2134
21	0617	1823	0345	1559	0936	2159
22	0616	1824	0414	1626	1001	2225
23	0615	1825	0441	1651	1025	2250
24	0613	1825	0507	1715	1049	2315
25	0612	1826	0532	1739	1114	2340
26	0611	1827	0556	1802	1139	---
27	0609	1827	0622	1828	0006	1205
28	0608	1828	0649	1859	0034	1235
29	0607	1829	0725	1945	0108	1317
30	0606	1830	0833	2116	0159	1446

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

